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Table 5

Grades of recommendations

- A At least one metanalysis, systematic review, or RCT rated as 1++ and directly applicable to

 the target population, or A systematic review of RCTs or a body of evidence consisting
 principally of studies rated as 1+ directly applicable to the target population and
 demonstrating overall consistency of results
- **B** A body of evidence including studies rated as 2++ directly applicable to the target

 population and demonstrating overall consistency of results, or extrapolated evidence from studies rated as 1++ or 1+
- C A body of evidence including studies rated as 2+ directly applicable to the target population and demonstrating overall consistency of results or extrapolated evidence from studies rated as 2++
- D Evidence level 3 or 4, or extrapolated evidence from studies rated as 2+

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